

# The Good Knight

*“In Service to One,  
In Service to All”*



Issue 36

May 2026

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**Greetings!** Spring is in the air, and we embrace it wholeheartedly. The month of May brings to mind Mother's Day, and – as May is the month of Mary – the rosary. As we are still in the midst of the Easter season, and will be until the Feast of Pentecost on May 24, there is much to celebrate!

The fifth month is named after the Greek goddess Maia, who is the oldest of the Pleiades ('seven sisters') star cluster. In Hebrew the name 'Maia' means 'close to God'. The word 'mai' is also a northern European word that means fresh, green growth. We embrace this growth in the budding leaves and the perennial plants that begin to poke through the moist ground. And, of course, we, as disciples, continue to grow in faith, hope, and love.

Thank you for reading *The Good Knight*.

Louis Kloster, Editor

## Soap Box Derby

Sign up early for this year's Soap Box Derby sponsored by Our Lady of the Hill Council 13064. This fun event takes place on Saturday, May 23, as part of the city's Beaumont Days celebration. Kids ages 8 through 13 are eligible to race. The entrance fee is \$10.00, which guarantees each youngster a minimum of three runs down the hill on 50th Avenue hill.



Registration forms as well as Rules and Regulations are available on the K of C link on the Parish website as well as on the City of Beaumont website. If you have questions, please contact Patrick Stack at [patstackpi@gmail.com](mailto:patstackpi@gmail.com).

## Important Dates

### May 2026

- 1 Feast of St. Joseph the Worker
- 3 Cor gathering @ 7 p.m.
- 10 Mother's Day
- 13 K of C Executive Meeting @ 7 p.m.
- 17 Knights of Columbus pancake breakfast
- 18 Victoria Day
- 20 Knights of Columbus General Meeting @ 7:30 p.m.
- 21 Feast of St. Eugene de Mazenod (Saint of Month)
- 23 Soapbox Derby
- 24 Feast of the Pentecost
- 31 Feast of the Visitation of the Blessed Virgin Mary



## Knight of the Month

In April, our council recognized Bro. Thomas Oster as our Knight of the Month. Tom and his family attend Mass at St. Vital Parish on a regular basis. He attends many of our meetings and contributes well to our discussions. Thomas volunteers for highway clean-ups and has committed to helping our pancake breakfast coordinator, Bro. Mike Dunphy, set up for the pancake breakfast each month. Thank you, Tom, for your dedicated service to our council.



## Holy Orders: The Answers

1. (l)
2. (h)
3. (b)
4. (k)
5. (d)
6. (i)
7. (f)
8. (j)
9. (e)
10. (g)
11. (c)
12. (a)

# The Good Knight

## Saint of the Month St. Eugene de Mazenod

This month on May 21, the Church celebrates the feast day for Charles Joseph Eugene de Mazenod. This is a long name, but we know him simply as Saint Eugene de Mazenod. He was born in France in 1782. His family was of the noble class, and Eugene was a worldly young man when he encountered Jesus. At the age of 26, he entered the seminary and, four years later, was ordained a priest. He took care of the poor, the imprisoned, and the young, particularly those who had never heard of Jesus Christ.

When Eugene became a bishop, he built churches, established parishes, and developed catechetical programs for the young.

He founded a group of priests and brothers who would spread the Good News of Jesus Christ to those who did not know Him. Known as the Oblates of Mary Immaculate (OMI), they journeyed as missionaries to five different continents. At his death, there were 417 members in his religious congregation. Some of these Oblates were sent to Canada, even before Canada was a country. Within ten years, the Oblates had established themselves all over Canada. Even today, the Oblate priests and brothers, over 4000 of them, continue to work in missions in Canada and around the world. Sacred Heart Catholic Church of the First Peoples in Edmonton and St. Albert Catholic Church in St. Albert are Oblate parishes.



Eugene de Mazenod died in 1861. One hundred thirty-four years later, in 1995, he was canonized, which means that the Catholic Church officially recognized him as a saint in heaven. His feast day is May 21.

## The Good of the Order

Every month the Knights pray for the sick or recently deceased in the parish as well as relatives and friends who are in need of God's help. We call this the Good of the Order. Please pray for:

- |                       |                            |
|-----------------------|----------------------------|
| • Shirley Affleck     | Medical concerns           |
| • Hilda Bannack       | Dementia                   |
| • Jean Boucher        | Bladder cancer             |
| • Wilbur Collin       | Heart condition            |
| • Florent Duguay      | Cancer                     |
| • Everett Hoffarth    | Ill                        |
| • Claire Kloster      | Deceased                   |
| • Ardie Korte         | Recovery heart surgery     |
| • Eric Lafoy          | Recovery from surgery      |
| • Robert Lavallée     | Kidney/prostate concerns   |
| • Roland Leblanc      | Dementia                   |
| • Lynda Leblanc       | Health issues; melanoma    |
| • Janet Ledene        | Cancer                     |
| • Bryan Oulton        | Ill                        |
| • Larry Rowan         | Prostate cancer, dementia  |
| • Joanne Scherger     | Multiple myeloma           |
| • Dean Weans          | Cancer                     |
| • Andrew Weinkauff    | Recovery from brain injury |
| • Robert Weisenberger | Stroke and heart attack    |
| • Maureen Whenham     | Cancer                     |

## The Ten Commandments

The Ten Commandments, also known as the Decalogue, are significant in the moral life of a Christian. This year, The Good Knight will explore each one. The **Ninth Commandment** is:

### Thou shalt not covet your neighbor's wife.

This commandment is closely related to the sixth commandment against adultery. It addresses respect for our sexuality and guards against the deadly sin of lust. In his writings, St. Paul speaks of the struggle between the Spirit and the flesh. He instructs us: "Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit" (Gal. 5:16-17). This inclination towards sensual or carnal pleasure is called *concupiscence*.



We live in a hyper-sexualized world, and we are constantly struggling with temptation. Too often the beauty and sacredness of our sexuality is marred by pornography and sexual freedom. It becomes easy to objectify another person. In his Sermon on the Mount, Jesus states, "Everyone who looks at a woman with lust has already committed adultery with her in his heart" (Matt. 5:28).

Earlier, Jesus presents the beatitudes, one of them being "Blessed are the pure of heart, for they will see God" (Matt. 5:8). We battle lust by purifying our heart. Purity enables us to see things through God's eyes. According to the Catechism of the Catholic Church, purity "lets us perceive the human body – ours and our neighbour's – as a temple of the Holy Spirit, a manifestation of divine beauty" (CCC #2519).

The ability to moderate and control one's desires and appetites is known as **temperance**. One of the cardinal virtues, it is related to **chastity**, which refers to mastery over one's sexual desires, allowing us to love with an undivided heart. Temperance also requires **modesty**, which protects what is intimate in each of us and keeps us from revealing what should remain hidden. Modesty involves decency and discretion, and it is apparent in the way one dresses, speaks, and behaves. Having been created in the image and likeness of God, we are to treasure and safeguard both our body, the 'temple of the Holy Spirit', and our soul, the intimate 'core' of a person.

Lastly, if we are serious about keeping this ninth commandment, we must turn to God in prayer. We must ask the Holy Spirit for purity of heart.

## Oldest Known Prayer to Mary

This prayer, known in Latin as Sub Tuum Praesidium, was first found in a Greek papyrus dating back to 300 A.D. It is the oldest known prayer to the Virgin Mary:

**We turn to you for protection,  
Holy Mother of God.  
Listen to our prayers and help us in our needs.  
Save us from every danger, glorious and blessed Virgin.  
Amen.**



# The Good Knight

## The Sacraments – The Christian Mysteries

*This year The Good Knight will examine each of the seven sacraments of the Catholic Church. This month we take a close look at:*

### Holy Orders



Holy Orders is the sacrament through which the mission entrusted by Christ to his apostles continues to be exercised in the Church. It is known

as the apostolic ministry. This is profoundly evident at the Last Supper, when Jesus washed the feet of the apostles and then bid them to do the same. Jesus appointed, anointed, and 'ordained' these men to continue the mission of the Church. This authority has been passed on through the years in a process called 'apostolic succession'.

From its earliest beginnings, the Church has designated leaders who would hand on the faith and safeguard the Tradition. By the end of the first century, the offices of bishop and deacon had been identified. They were responsible for presiding over the eucharistic celebrations. By the end of the second century, three offices were in place, including that of presbyter or priest.

There are three degrees or orders in ordained ministry: episcopate (bishop), presbyterate (priest), and diaconate (deacon). Ordination involves a special outpouring of the Holy Spirit, permitting the ordained individual to exercise a sacred power, which can only come from Christ through His Church.

The Sacrament of Holy Orders is known as a sacrament of service because those who receive Holy Orders are called to serve the needs of the Church in specific ways. All three orders serve the faithful through pastoral governance, sacred liturgy and teaching. The bishop acts as the representative of Christ himself; he is teacher, shepherd, and priest. In terms of pastoral governance, the bishop oversees the Church of a particular geographical region called a diocese. He is responsible for finances, building projects, etc. He also concerns himself with caring for the poor and the sick. The bishop is the official teacher of the Gospel in his diocese. His first duty is to announce the gospel and ensure that it is proclaimed faithfully and truthfully. He is also responsible for the sacramental life of the diocese. He confirms the people of the diocese and ordains those who are chosen to be deacons, priests, or deacons.

Priests are co-workers with the bishop. While the bishop oversees the diocese, priests look after the pastoral needs of the parish. They proclaim and preach the Word of God.

Finally, deacons perform works of charity and assist in the celebration of the sacraments. The deacon has the authority to perform baptisms and witness marriages. They cannot, however, preside at masses or forgive the sins of others. One of their key roles at mass is the proclamation of the gospel, after which they preach on God's Word. The word deacon means 'servant', so these men will often make hospital visits and be involved in activities such as prison ministry. All of their

tasks are carried out under the pastoral authority of the bishop, to whom the deacon pledges obedience.

There are different liturgical rites associated with each of the three orders. In all three ceremonies, those being ordained are anointed with the oil of Holy Chrism on the palms of their hands. Diocesan priests make a vow of celibacy and obedience; priests who belong to a religious order pledge celibacy, obedience *and* poverty. The Sacrament of Holy Orders confers an indelible spiritual character upon those ordained. During the ordination of bishops and deacons, the bishop and all other ordained ministers who are present lay their hands on the head of the individual and pray silently.

Every sacrament has a matter and a form. In Holy Orders, the matter is the laying on of hands by the bishop; the form is the prayer of consecration or ordination. There are other sacramental symbols involved. Upon ordination, bishops receive a Book of the Gospels, a ring, a crozier (or staff), and a miter. Priests typically receive a paten and chalice as well as their first chasuble and stole. Finally, permanent deacons, because of their important role in proclaiming and preaching the Gospel, are given a Book of the Gospels.

## CHRIST IS RISEN! ALLELUIA!

### Word of the Month

*In order to communicate our faith to others, we need to develop a certain vocabulary ... a faith vocabulary. Each month we will dissect and investigate one faith-related word.*

#### charism

The word 'charism' is derived from the ancient Greek word *khárisma*. It means "favor freely given" or "gift of grace". In other words, it is a gift from the Holy Spirit, bestowed upon individuals for the glory of God, the good of the Church, and the benefit of the whole world. Some of these gifts are outstanding, such as the gift of prophecy, while others are simple and common, such as the gift of hospitality. In any case, as Christians, we receive and use these charisms with gratitude and humility.



St. Paul describes the extraordinary charisms in this way: "Now there are varieties of gifts, but the same Spirit ... To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses" (1 Corinthians 12: 4, 7 – 11).

The *Dogmatic Constitution on the Church* (No. 12) states that the Holy Spirit "distributes special graces among the faithful of every rank. By these gifts he makes them fit and ready to undertake the various tasks or offices advantageous for the renewal and upbuilding of the Church."

# The Good Knight

## Birthdays in May

We send blessings to the following Knights who are celebrating birthdays this month:

- May 10 Victor Hinse
- May 12 Paul Weisenberger
- May 15 Tuyen Nguyen
- May 15 Thomas Ashmore
- May 15 Cletus Takukeng
- May 16 Jam Abello
- May 20 Andre Charbonneau
- May 24 Mark Pickup
- May 24 Patrick Stack
- May 28 Jean-Pierre Lefebvre
- May 31 Bryan Sosnowski



## Have You Heard This One?

A driver tucked a note under her windshield wiper and dashed off:

"I've circled the block for 20 minutes. I'm late for an appointment, and if I don't park here I'll lose my job. Forgive us our trespasses."

Returning, she came back only to find a parking ticket and this note:

"I've circled the block for 20 years, and if I don't give you a ticket, I'll lose my job. Lead us not into temptation."

## Wedding Anniversaries in May

We wish the following couples, celebrating anniversaries this month, many more years of enduring love and happiness:

- May 17 Dan Chalifoux & Dale Coté
- May 27 John & Donita Kloster

## Sacrament of Holy Orders

Match the following. Answers are on p. 1.

- a. ordination    b. parish    c. deacon    d. bishop    e. stole  
f. miter    g. vow    h. vocation    i. presbyter    j. clergy  
k. laying on of hands    l. prostration

- \_\_\_ 1. a prayer posture in which a person lies stretched out on the floor, face down, as a sign of submission and humility; assumed by the priest during the rite of ordination
- \_\_\_ 2. the committed state of life that God calls us to; marriage, the single life, or religious life
- \_\_\_ 3. the specific community of believers, whose pastoral and spiritual care is guided by a priest
- \_\_\_ 4. what is done as the bishop and other clergy pray over the priest, deacon or bishop during his ordination
- \_\_\_ 5. means 'overseer'; a successor of the apostles and the head of a diocese
- \_\_\_ 6. another word for 'priest'
- \_\_\_ 7. a bishop's hat
- \_\_\_ 8. refers to anyone ordained for ministry
- \_\_\_ 9. a long, narrow vestment worn around the neck by ordained ministers when performing sacraments
- \_\_\_ 10. a promise made by a person who becomes a full member of a religious community includes poverty, chastity, and obedience
- \_\_\_ 11. the third degree or level of Holy Orders; assist priests and bishops in a variety of ministries
- \_\_\_ 12. the rite or ceremony of the sacrament of Holy Orders

## Family of the Month

In April, our council recognized Camille and Jo-Anne Bérubé as our Family of the Month. They are long-time, devout members of St. Vital Parish. Camille is a member of Our Lady of the Hill Council 13064, while Jo-Anne is an active member of the Catholic Women's League (CWL). For many years, Jo-Anne has been a member of the Resurrection choir in our parish. Recently, she joined the choir that leads music on Saturday evenings. Both Jo-Anne and Camille assist with our monthly pancake breakfasts. We appreciate who they are and all they do.



## Family of the Year

At our Charter Night on January 31, our council recognized Lubo and Katerina Urda and their children: Veronika, David, Julia, Suzanne, and Elizabeth as the Family of the Year.



The Urdas are such a devout, beautiful Catholic family. Lubo, one of our newer Knights, has been on the Confirmation preparation team and, whenever he was unable to attend a class, Katerina stepped in. Through the years, the kids have all been very involved in The Rock. The kids participate every year in the Keep Christ in Christmas coloring contest ... and, because of their artistic talent, are usually selected as winners. They are faithful in attending Eucharistic Adoration on Fridays and the Stations of the Cross during Lent. David and Veronika have been involved in the youth choir in our parish. Veronika is pursuing Catholic studies at Newman Theological College, and David is now attending a minor seminary in Mission, B.C. For the last few years, David was one of the faithful altar servers at the 11 a.m. Mass. Lubo attends some of the Cor gatherings. Both Lubo and Katerina volunteer on the Parish Pastoral Priorities committee. May God continue to richly bless the Urda family.