

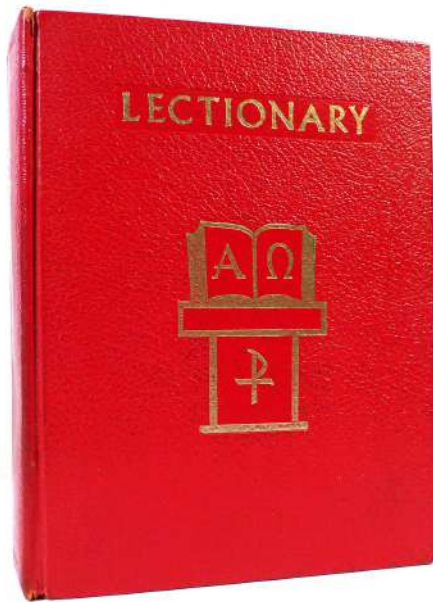
Faith Loops



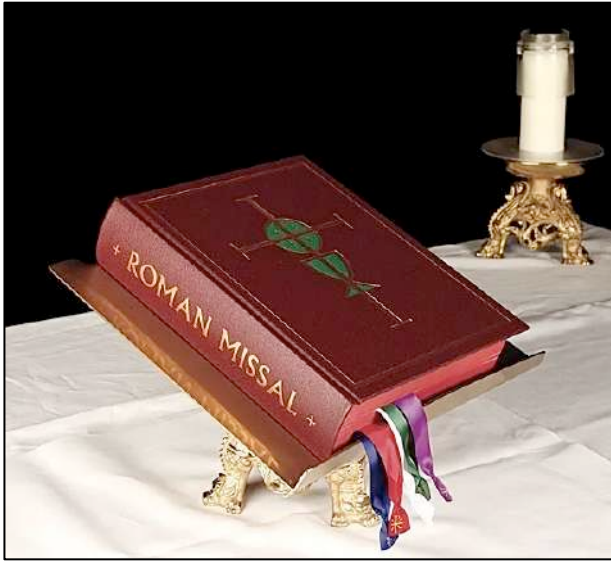
Faith Loops are PowerPoint presentations with images and information that will help us grow in the understanding of our Catholic faith. They will be projected on the screens during the fifteen minutes prior to each weekend mass. During that time, the slides will loop, or repeat, themselves. Thus, the name: Faith Loops.

You Were Wondering ...

What are the two large books that they use at mass, one on the altar and the other on the ambo?



The book on the ambo is called the *lectionary*. It contains the scripture readings that will be proclaimed during the masses throughout the year. One copy, green in color, is for weekday masses, which are on a two-year cycle. The one with a red cover contains all the Sunday readings for a three-year period (Years A, B, and C).



The book on the altar is known as the *Roman Missal*. It contains all the prayers that will be read by the priest during the celebration of the Mass.

These prayers include the opening and closing prayers, the Eucharistic Prayers, the Prayer over the Gifts, and the Prayer after Communion. These prayers change from day to day, and that explains the thickness of the book. The priest uses different colors of ribbon to mark the pages to which he needs to refer.



Angelic Knowledge - Question

At Jesus' birth, the angels sang:

- a. Joyful, joyful, we adore thee.
- b. Hip, hip hooray!
- c. Glory to God in the highest.
- d. O come let us adore Thee.

Angelic Knowledge - Answer

- c. Glory to God in the highest heaven ...
and on earth peace among those whom
he favors. (Matt. 2:14)



The Seven Sacraments

There are seven sacraments in the Catholic Church. You can remember them by the acronym, CHAMBER.

Can you remember all seven?





The Seven Sacraments

C – Confirmation

H – Holy Orders

A – Anointing of the Sick

M – Marriage (or Matrimony)

B – Baptism

E – Eucharist

R – Reconciliation

The Glorious Mysteries

October is the month of the rosary. On Wednesdays and Sundays we pray the Glorious Mysteries. Which of the following is NOT one of the Glorious Mysteries?

- ❖ The Resurrection of Jesus
- ❖ The Ascension of Jesus
- ❖ The Visitation
- ❖ The Descent of the Holy Spirit
- ❖ The Assumption of Mary

Glorious Mysteries

The Visitation of Mary with her cousin Elizabeth is one of the five Joyful Mysteries.

The Glorious Mystery that was missing from the list was the Crowning of Mary as Queen of Heaven, as depicted on the right.





Angelic Knowledge – Question

After the temptation in the desert, angels:

- a. ministered to Jesus
- b. cried
- c. led Jesus back to his apostles
- d. brought Jesus olive oil and bread

Angelic Knowledge – Answer

a. ministered to Jesus

“Then the devil left him, and suddenly angels came and waited on him” (Matt. 4:11).

The Angels Ministering to Christ
George Hayter (1792-1871)





October Saint – St. Teresa of Avila

Teresa, the daughter of rich parents in Spain, was born in March 1515, just before the Protestant Reformation, when the Church was facing religious and political troubles.

At an early age, Teresa became crippled by disease and was unable to walk. She prayed to St. Joseph, and was miraculously cured. Teresa's mother died when she was only fourteen, so Teresa asked the Mother of God to be her mother. Five years after her mother's death, at the age of 20, she joined the Carmelite Order of Sisters. She built many new convents and monasteries. These were large homes for women to live, pray, and work in seclusion and in poverty – all for God.

October Saint – St. Teresa of Avila

During her life, Teresa struggled with illness, ridicule, and opposition. Still, through years of prayer and contemplation, she clung to God. Teresa would have visions of Christ and developed a deep spiritual awareness. She also wrote down many of her experiences and thoughts of God. Her most well-known books are Interior Castle and The Way of Perfection.

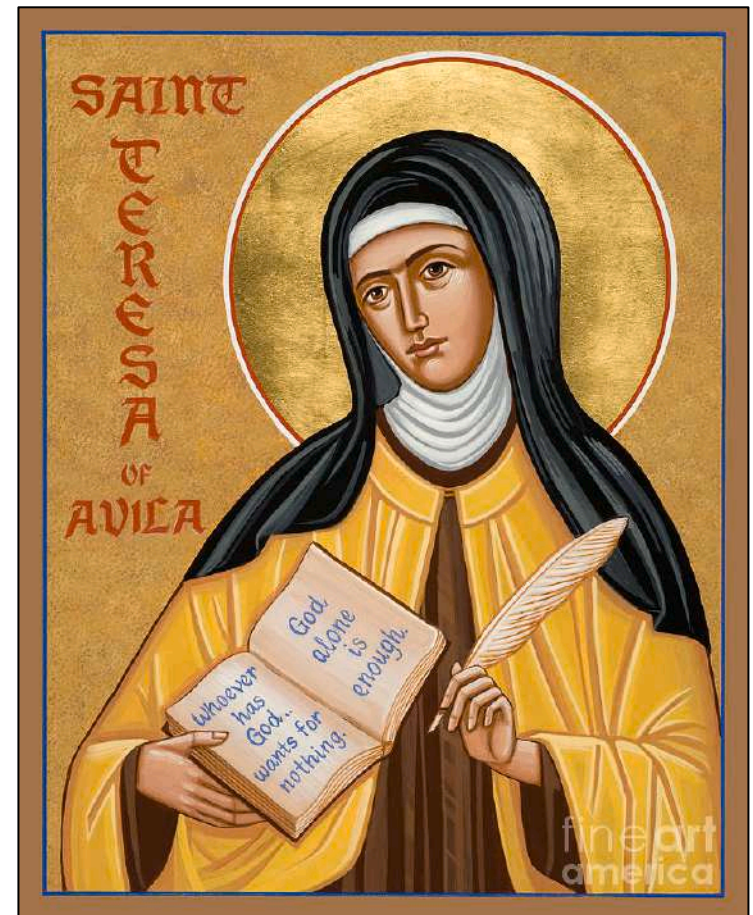
Her intense prayer life and thoughtful writings show her great love of God and have inspired and helped many people. Thus, she is recognized as a Doctor of the Church.



October Saint – St. Teresa of Avila

On October 4, 1582, at the age of 67, Jesus – and many saints – appeared to Teresa. She begged God to take her to heaven. After her prayer, she died, and her soul was taken to heaven.

The feast day of Saint Teresa of Avila, is October 15. She is the patron saint of lacemakers, sick people, and Spain.



Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which He looks
compassion on this world,
Yours are the feet
with which He walks to do good,
Yours are the hands,



with which He blesses all the world.
Yours are the hands,
yours are the feet,
yours are the eyes,
you are His body.

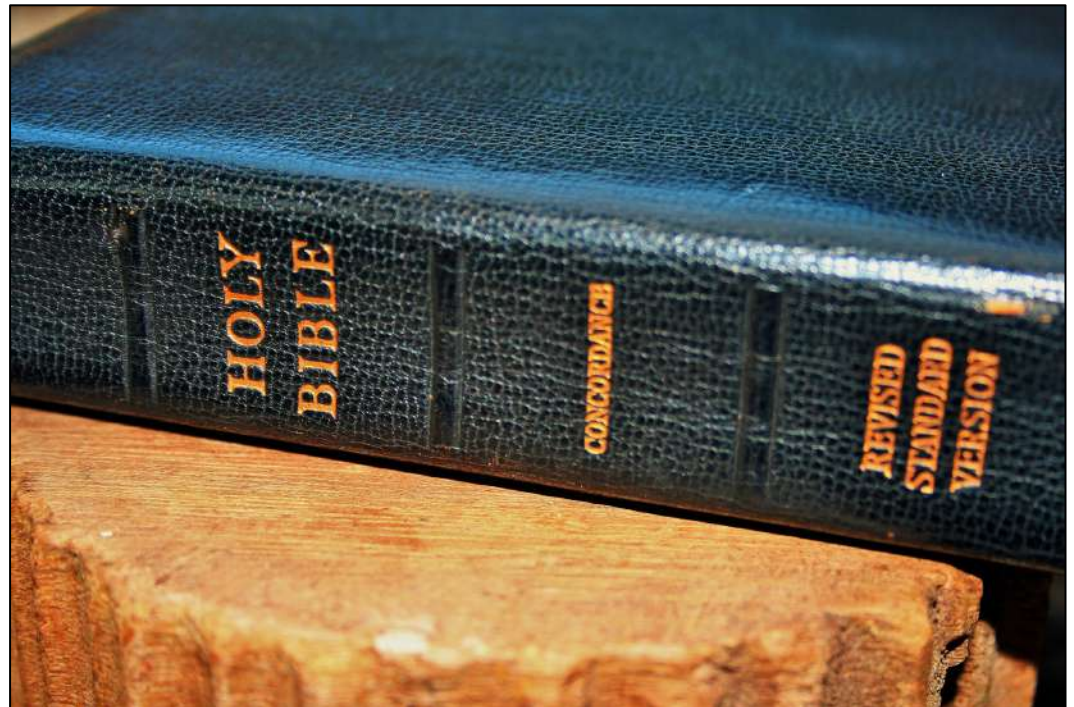
Christ has no body now but yours.

~ St. Teresa of Avila ~

Testing Your Bible Knowledge

How many books are there in the New Testament?

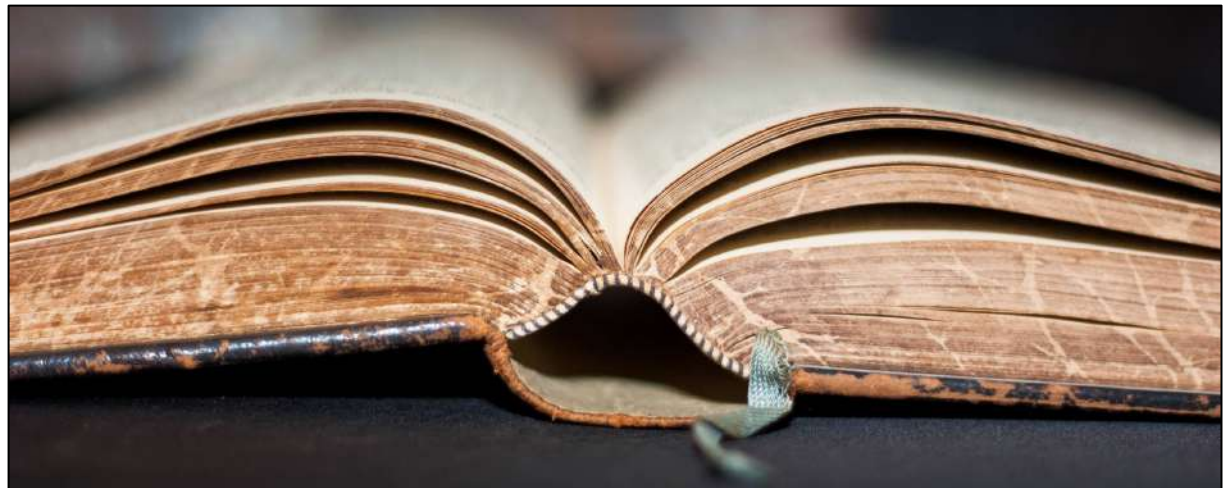
- a. 27
- b. 33
- c. 39
- d. 46



Bible Knowledge: The Answer

a. 27

There are 27 books in the New Testament. The New Testament includes the four Gospels, the Acts of the Apostles, the Letters (Epistles) of Paul and other writers, and the Book of Revelation.





Word of the Week

devotion

The word 'devotion' stems from the Latin verb *devorere*, which means 'to dedicate by a vow, sacrifice oneself, promise solemnly'.

Devotions are pious practices that involve special prayers, gestures and rituals, all performed to worship God, honor the saints, or call upon God's favor. They can be private or public in expression. Some examples of devotions include praying novenas, the Stations of the Cross, and the Angelus.

Word of the Week (cont.)

Making a pilgrimage or wearing a religious medal or a scapular are also examples of private devotions

Perhaps one of the most popular devotions is the praying of the rosary.



Most devotions are commended by the Church and contribute to one's spirituality and practice of the faith. However, unlike the sacraments, they are not part of the official teaching of the Church.



Prayer Before Mass

Almighty and ever-living God,
I approach the sacrament of Your only-begotten Son,
Our Lord Jesus Christ.

I come sick to the doctor of life,
unclean to the fountain of mercy,
blind to the radiance of eternal light,
and poor and needy to the Lord
of heaven and earth.

Lord, in your great generosity, heal my sickness,
wash away my defilement, enlighten my blindness,
enrich my poverty, and clothe my nakedness.

... continued ...



Prayer Before Mass

May I receive the bread of angels,
the King of kings and Lord of lords,
with humble reverence,
with the purity and faith,
the repentance and love,
and the determined purpose
that will help to bring me to salvation.

May I receive the sacrament
of the Lord's Body and Blood,
and its reality and power.

... continued ...

Prayer Before Mass (cont.)

Kind God, may I receive the Body of Your only-begotten Son, our Lord Jesus Christ,
born from the womb of the Virgin Mary,
and so be received into His mystical body
and numbered among His members.

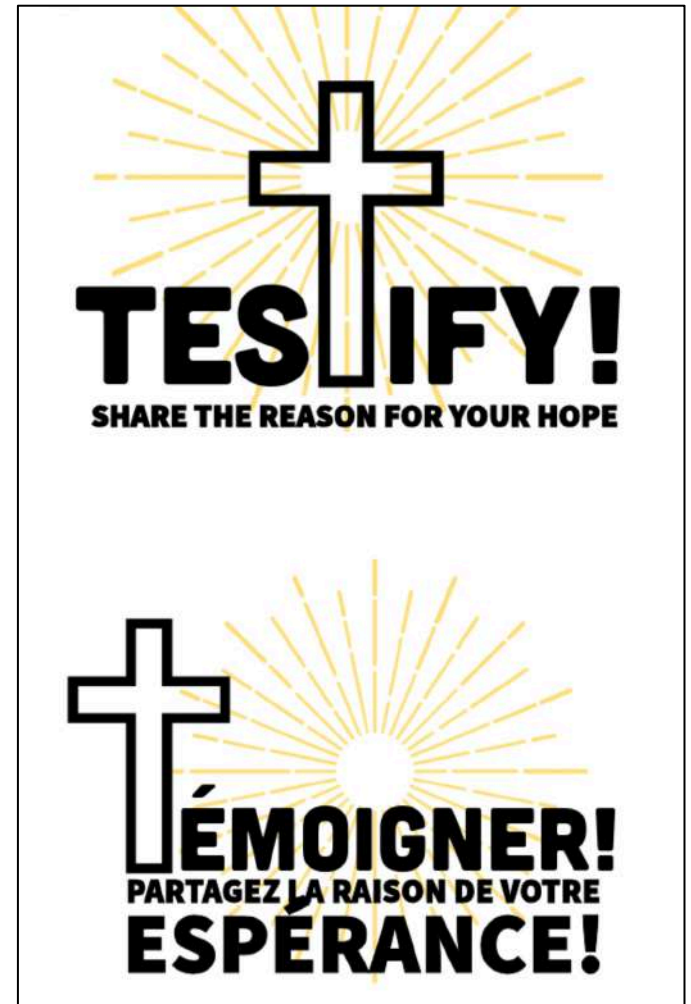


Loving Father, as on my earthly pilgrimage
I now receive Your beloved Son
under the veil of a sacrament,
may I one day see Him face to face in glory,
who lives and reigns with You for ever. Amen.

~St. Thomas Aquinas

Catholic Education Week

In Alberta, our Catholic schools are fully-funded by the province and constitutionally protected by the Canadian Charter of Rights and Freedoms. They serve 180,000 students. This weekend marks the beginning of Catholic Education Week. The theme this year is *Testify! Share the Reason for Your Hope.*



Questions???

Do you have a question about the Catholic faith or about the celebration of the Mass? If so, write it on a piece of paper and drop it into the marked shoebox on the table at the back of the church. We will try to answer it in a Faith Loop at a later date.

Thank you.

