

The Good Knight

*"In Service to One,
In Service to All"*



Issue 39

September 2026

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Greetings! Welcome back, after a summer break. My hope is that your summer allowed for recreation and rest, gatherings with family and friends, and perhaps some fun and adventure.

This year, you will continue receiving a monthly issue of *The Good Knight*. What you will read is intended to be both informative and inspiring, not just for Knights and their families but for all parishioners. Feel free to share it with others.

You will continue to find some of the types of information that were featured in the past, such as a Saint of the Month, a Word of the Month, and the popular joke. This year, you can also expect some new types of articles in the newsletters, including:

- A close look at *The Beatitudes*
- *Clips from the Catechism* ... An examination of the Catechism of the Catholic Church and what it teaches

Thank you for reading *The Good Knight*.

Louis Kloster, Editor

**GOD WISHES TO BE ASKED,
HE WISHES TO BE FORCED,
HE WISHES, IN A CERTAIN MANNER,
TO BE OVERCOME BY OUR PRAYER.**

St. Gregory the Great
Feast Day: September 3

Important Dates

September 2026



- 1 World Day of Prayer for Care of Creation
- 9 Knights of Columbus Executive Meeting by Zoom
- 14 Feast of the Exaltation of the Holy Cross
- 16 Knights of Columbus General Meeting @ 7:30 p.m.
- 20 Knights of Columbus pancake breakfast
- 21 Feast of St. Matthew
- 27 Feast of St. Vincent de Paul
- 28 Feast of St. Lawrence Ruiz (Saint of the Month)
- 29 Feast of the Archangels

Clips from the Catechism

This year, we will study the Catechism of the Catholic Church using the youth version called YouCat. It follows a question and answer format.

Why do we hand on the faith?

We hand on the faith because Jesus commands us: "Go therefore and make disciples of all nations" (Mt. 28: 19)

No genuine Christian leaves the transmission of the faith exclusively to specialists (teachers, pastors, missionaries). We are Christ for others. This means that every genuine Christian would like God to come to other people, too. He says to himself, "The Lord needs me! I have been baptized and confirmed and am responsible for helping the people around me to learn about God and 'to come to the knowledge of the truth' (1Tim 2: 4)."

Mother Teresa used a good comparison: "Often you can see power lines running alongside the street. Unless current is flowing through them, there is no light. The power line is you and I! The current is God! We have the power to allow the current to flow through us and thus to generate the light of the world: JESUS – or to refuse to be used and, thus, allow the darkness to spread."

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Saint of the Month St. Lawrence Ruiz

This month, we feature St. Lawrence Ruiz, who was born in the Philippines in the 1600's, the son of a Chinese father and a Filipina mother. When Lawrence was in his 20's or 30's, he got into trouble with the law and was falsely accused of a crime. He was afraid of being arrested and possibly killed for a crime he did not commit, so he fled to Japan with a group of missionary priests called the Dominicans. There, Lawrence worked in a Dominican mission. He taught the Japanese about Jesus, and many became Christians, even though Christians were being persecuted at the time.



Lawrence got married and had two sons and a daughter. He made a living doing calligraphy. (He is often depicted with a quill in hand, such as in the above image.) Unfortunately, in Japan, he was arrested for being a Christian. When the judge told him and his companions that his life would be spared if he renounced his faith, Lawrence boldly said: "If I lived a thousand lives, I would offer them all for God. You may kill me if that is what you want. I am willing to die for God." He was hung by his feet and, after three pain-filled days, he died. In 1987 Pope John Paul II canonized Lawrence Ruiz and his companions. Their feast day is September 28.

Let us ask St. Lawrence and his friends to pray for us that we may bravely teach others, by word and example, about our faith in Jesus Christ, regardless of the consequences.

The Good of the Order

Every month the Knights pray for the sick or recently deceased in the parish as well as relatives and friends who are in need of God's help. We call this the Good of the Order. Please include the following in your prayers:

- | | |
|------------------------|----------------------------|
| • Shirley Affleck | Medical concerns |
| • Hilda Bannack | Dementia |
| • Jean Boucher | Bladder cancer |
| • Wilbur Collin | Heart condition |
| • Florent Duguay | Cancer |
| • Everett Hoffarth | Ill |
| • Ardie Korte | Recovery heart surgery |
| • Robert Lavallée | Kidney/prostate concerns |
| • Remi LeBlanc | Ill, Kidney dialysis |
| • Roland Leblanc | Dementia |
| • Lynda Leblanc | Health issues; melanoma |
| • Jean-Pierre Lefebvre | Detached retina; blindness |
| • Janet Ledene | Cancer |
| • Doris Lytle | Sick |
| • Julien Plamondon | Cancer |
| • Larry Rowan | Prostate cancer, dementia |
| • Joanne Scherger | Multiple myeloma |
| • Laura Stack | Deceased |
| • Dean Weans | Cancer |
| • Andrew Weinkauff | Recovery from brain injury |
| • Dean Weans | Cancer |
| • Robert Weisenberger | Stroke and heart attack |
| • Maureen Whenham | Cancer |

Word of the Month

In order to communicate our faith to others, we need to develop a certain vocabulary ... a faith vocabulary. Each month we dissect and investigate one faith-related word.

Excommunication

The word has Latin roots and can be broken down into two parts: *ex*, which means 'out of' and *communicare*, meaning 'participation' or 'communion'. This term refers to a penalty or sanction imposed upon a baptized Catholic because of a serious offence against the Church and the Catholic way of life, such as presenting or adhering to teachings that are contrary to Church teaching. For example, a Roman Catholic bishop who ordains a woman to the priesthood defies Church teaching. This person may be excommunicated from the Church.



By baptism, a person becomes a member of the Church, and the spiritual benefits of the Church are shared and communicated with the individual. By excommunication, however, the individual is excluded from communion with the faithful and is deprived of the sacraments and any public ministry in the Church until he or she has repented and has received absolution.

The Catechism of the Catholic Church teaches: "There are sins in which a man turns completely away from God and at the same time, because of the seriousness of the deed, incurs excommunication. ... A Catholic who commits murder, for example, or cooperates in an abortion automatically excludes himself from sacramental communion; the Church simply acknowledges this fact. The purpose of 'excommunication' is to correct the sinner and to lead him back to the right path." No excommunication is permanent or irrevocable. There is always an invitation to repentance and reconciliation with the Church.

There is reference to excommunication in Sacred Scripture. St. Paul advises the people of Corinth: "I am writing to you not to associate with anyone who bears the name of brother or sister who is sexually immoral or greedy, or is an idolater, reviler, drunkard, or robber. Do not even eat with such a one" (1 Cor. 5: 11).

Recently, in July, six bishops with the Society of St. Pius X (SSPX) were excommunicated when they consecrated four new bishops without a pontifical mandate, which was an act of open disobedience to the authority of the pope.

Save me!

Have you considered saving each issue of *The Good Knight* newsletter in a binder for future reference? They are also archived on the St. Vital Parish website.

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The Beatitudes

In The Good Knight this year we will examine the Beatitudes. Each month, we will look at one of the nine individually. We begin with an introduction.

Jesus taught us the Beatitudes during his Sermon on the Mount. These are the attitudes by which we are to live. Our mission is to teach others about them by our example. The Beatitudes are the missionary's toolbox. The passage is:

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecute the prophets who were before you."

Matthew 5: 1 – 11

Below are a few interesting points about the Beatitudes.

- There are eight beatitudes with a similar, parallel structure, all beginning with the words 'Blessed are those ...'. The 9th beatitude is written in the second person: 'Blessed are you ...'.
- Notice whom Jesus blesses ... and does not bless. Jesus blesses the poor in spirit, the meek, and those who mourn; he does not bless the violent, the rich, or the merciless.
- Some would say that the Beatitudes of the New Testament reiterate the Ten Commandments of the 'Old'. In fact, Jesus' teaching fulfills the Law of Moses.
- The first Beatitude is written in the present tense (Blessed are the poor in spirit, for theirs is the kingdom of God.) The rest are written in the future tense (e.g. for they shall be comforted).
- The beatitudes do not just speak of what is to come in the future, but even now we can sense the reality of this happiness. God's loving presence – the kingdom of God – is with us *now*, despite our present struggles or suffering. However, we will experience the happiness and these blessings in their fullness only at the end of time.
- The Beatitudes instruct us on how to live ... how to be. They are Be-attitudes.
- The Beatitudes are a moral compass for us. There is nothing easy about adopting and following the Beatitudes, but we must be heading in that direction ... on the way of holiness, heading towards heaven.

- To do the Beatitudes well, you must 'retreat' from the world.
- If we are at all successful in living the beatitudes, it is because of God's grace.

Next month: Blessed are the poor in spirit.

Birthdays in September

We send our greetings to the following Knights who are celebrating birthdays this month:

- | | |
|----------------|---------------------|
| • September 4 | Luke McLean |
| • September 5 | Mike McAllister |
| • September 5 | Caelam Stack |
| • September 8 | Dan Chalifoux |
| • September 9 | Jacques Goudreau |
| • September 12 | Vern Reichert |
| • September 13 | Nelson Morris |
| • September 16 | Thomas Clark |
| • September 19 | Dennis Madu |
| • September 20 | Denis Charbonneau |
| • September 25 | Brian Magee |
| • September 27 | Fr. Nilo Macapinlac |
| • September 28 | Gabriel deRuiter |



Wedding Anniversaries in September

- | | |
|----------------|--------------------------|
| • September 5 | Perry & Jo-Anne Hendriks |
| • September 12 | Joe & Colleen Mahe |
| • September 30 | John & Pebbles deRuiter |

Did You Know ... ?

The Shroud of Turin is a 14½ foot long, 3½ foot wide linen cloth that bears the front and back images of a scourged, crucified man. There appear to be stains of sweat and blood, but their origin and preservation have not been explained naturally. Despite detailed study and intense research, there are still many unanswered questions about the Shroud of Turin. It is said to be the single most studied artifact in human history and, while we know more about it today than we ever have before, the centuries-old cloth remains a photographic phenomenon. Even the Catholic Church has not formally recognized the authenticity of the cloth. However, John Paul II described the shroud as 'a mirror of the gospel'. Both Pope Francis and Pope Emeritus Benedict XVI referred to it as an icon.



Owned by the Dukes of Savoy (former ruling family of Italy) until the late 1980's and now the property of the Catholic Church, it has been permanently kept in Turin, Italy, since 1578. There it is stored in a special reliquary in a chapel behind the altar in the Cathedral of St. John the Baptist.

Since arriving in Turin in 1578, the Shroud has only been displayed a few times each century. The last public exhibition took place in April – June 2015. Organizing such events is a challenge, as the cloth – and the image itself – could be damaged if exposed to polluted air and UV light.

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Knight of the Month / Family of the Month

A Knight of the Month and a Family of the Month for September will be decided at the executive meeting on September 9. The honorees will be featured in the next issue of *The Good Knight* at the end of September.

Council #13064 Executive Officers 2026-2027

Our current executive includes the following:

Grand Knight	Bro. Patrick Stack
Deputy Grand Knight	Bro. Justus deRuijter
Chancellor	Bro. Gabriel deRuijter
Recorder	Bro. Louis Kloster
Treasurer	Bro. Sid Eriavaz
Advocate	Vacant
Warden	Bro. Joe Mahe
Inside Guard	Bro. David Comire
Outside Guard	Vacant
Trustee 1 st Year	Bro. Joe Stack
Trustee 2 nd Year	Bro. Mike Dunphy
Trustee 3 rd Year	Vacant
Chaplain	Fr. Nilo Macapinlac
Financial Treasurer	Bro. Paul Weisenberger

The newly-elected executive, pictured below, was installed after a 7 p.m. Mass on Thursday, July 2.



Seven Habits for a Blessed Day of Sabbath

By a tradition handed down from the Apostles, the Church celebrates the Resurrection of Christ every seventh day, which is called the Lord's Day or Sunday. It is called the Lord's Day, because on it the Lord rose victorious to the Father.

Below are seven ways we can celebrate and honour this day.

1. Ask for God's blessing on arising.
2. Call upon the saints in heaven.
3. Offer a prayer of grace at meals.
4. Receive the Holy Eucharist for strength and nourishment.
5. Help a neighbour in need.
6. Savour a few minutes of silence.
7. Give thanks to God at bedtime.

**BE YE FISHERS OF MEN ...
YOU CATCH THEM AND HE'LL CLEAN THEM.**

Have You Heard This One?

Best friends Peter and Paul were about to graduate seminary together. While Peter was very smart, Paul had a difficult time with schoolwork, so Peter would let him copy his homework to make sure he could pass his classes.

As the time approached for their interview with the bishop, Paul was very nervous. "What if I don't know how to answer him?" he asked his friend.

"Don't worry," Peter replied, "our interviews are the same day, and he'll ask us the same questions. I'll go first, just stand with your ear to the keyhole and listen to what I say. When it's your turn, just repeat my answers, and you'll be fine!"

The day arrived, and Peter went into the bishop's office first. After some initial small talk, the bishop said, "Look, Peter, I just have one question to ask you. Let's say you are performing the act of communion, and while you are holding the chalice, a fly lands in the sacramental wine. What do you do?"

"Well, Father," Peter responded, "I would carefully remove him, squeeze off any excess liquid, take him outside, and ceremonially burn him."

"That's an excellent answer," said the bishop, "you are clearly a great priest!"

"Not yet, Father," Peter replied, "but someday, under your guidance and direction, I will be."

After Peter had completed his interview, it was Paul's turn. The bishop engaged in small talk, then got to the point.

"Paul," he said, "I just have one question for you. You are performing the rite of baptism, and the baby boy slips from your hands into the baptismal font. What do you do?"

"Well, Father," Paul responded, "I would carefully remove him, squeeze off any excess liquid, take him outside, and ceremonially burn him."

Horrified, the bishop exclaimed, "That's terrible! You aren't a priest, you're an imbecile!"

"Not yet, Father," Paul replied, "but someday, under your guidance and direction, I will be."

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